



Mila Ingpen



ACTOR | DANCER

FILM & TV		ROLE	DIRECTOR / CHANNEL
-----------	--	------	--------------------

2025	The Rats: A Witcher tale	Stand in for lead	Mairzee Almas/ Netflix
2023	Just Now Jeffery	Action Extra	Brett Morris & Hylton Tannenbau

THEATRE		ROLE	DIRECTOR / VENUE
---------	--	------	------------------

2019	Chicago	Hunyak	Karen Nelson
------	---------	--------	--------------

COMMERCIALS		ROLE	TERRITORIES
-------------	--	------	-------------

2024	LinkedIn	Featured Extra	Worldwide
------	----------	----------------	-----------

TRAINING			
----------	--	--	--

Trinity College

Intermediate Performance Certificate

Cheryl Abromowitz

Private acting coaching

LAMTA academy performing arts

Musical theatre workshop

FURTHER DETAILS			
-----------------	--	--	--

Appearance

Hair: Brunette
Height: 171cm

Eyes: Blue/Green
Shoe: 6UK

Clothing Size Top: S
Clothing Size Bottom: M

Accents

American (Standard), British (RP)

079 334 3116 | 060 740 4204
0211 804 884 | 010 900 3929
admin@authentic.co.za
www.authentic.co.za

a u t h e n t i k




FURTHER DETAILS CONT...

Language	English
Dance	Ballet, Cheerleading, Jazz, Line Dancing, Modern, Swing.
Licenses	Driving Code 8, First Aid
Musical	Piano
Singing	Mezzo
Sport	Athletics, Basketball, Biathlon, Boating, Body Boarding, Body Surfing, Bowling, Boxing, Canoeing, Cross Country, Crossfit, Cycling, Darts, Fishing, Free Diving, Functional Training, Gym, Hiking, Hockey, Hoolahoop, Horseback Riding, Ice Skating, Jetski, Kayaking, Lifeguard, Marathon Running, Mountain Biking, Netball, Pilates, Pool, Rollerskating, Rollerblading, Running, Scuba Diving, Skateboarding, Skiing, Skipping, Snorkeling, Soccer, Surfing, Swimming, Table Tennis, Ten Pin Bowling, Tennis, Trail Running, Triathlon, Tug of War, Waterpolo, Water Skiing, White water Rafting, Yoga.